

Another awesome, fun event brought to
you by the awesome, fun people at
Reedsburg Running Club, Inc.



Valentine's Day 5K

DASH

REEDSBURG
2019

SCHEDULE

9:30-10:45 AM : Check in and Day-of registration

11 AM: Race Starts, 5 k (3.1 miles)

12:30 PM: Drawing for 2 \$25 Chamber of
Commerce gift certificates; must be
present to win!

**Saturday,
February 9, 2019**

11 AM

Brewster's Lanes

121 HIGHWAY H, REEDSBURG

SWAG and PERKS

- Custom-printed headband with DASH logo for all participants!
- Back tags for everyone, your choice to make mingling easy: Single, It's Complicated, Taken
- Plenty of room indoors at the Brewster's Lanes bowling alley to stay warm
- Dry clothes bag check to store your things
- Hot chocolate before and after
- Heated indoor restrooms!
- Special Valentine's candy hearts to all finishers
- Post-race: hang out and mingle with Single, It's Complicated, old, new, and taken friends!



Show your race number at
Brewster's Lanes for:
**FREE first beer, soda, or
game of bowling! FREE!**



Mail In Registration

Bring this registration form to the race or mail it by February 1, 2019. Please make checks payable to Reedsburg Running Club. Registration fee before February 1 is \$20, after \$25.

NAME

EMAIL

ADDRESS

CITY

STATE

ZIP

Please mail entries to: **Valentine's Day Dash, 444 Crestview Drive, Reedsburg, WI 53959**

Online entry at ReedsburgRunningClub.com and RunSignUp.com/Race/WI/Reedsburg/ValentinesDayDash

For more information about the Valentine's Day 5k Dash contact Ryan Hayes at 608.963.3473.

Valentine's Day Dash 2019 Registration Form

Use separate entry form for each participant. Detatch and return with payment. Print neatly and fill out completely. No refunds.

NAME

MALE OR FEMALE

DATE OF BIRTH

ADDRESS:

CITY

STATE

ZIP

PHONE

EMAIL

RELEASE OF LIABILITY FOR Valentine's Day Dash

Participating in the Valentine's Day Dash means that you will be exposed to activities that present some degree of risk. The organizers and volunteers make efforts to ensure the safety of participants, we cannot guarantee that accidents will not happen. All participants should be aware of the possibility of injuries and accidents while participating in the Valentine's Day Dash and be willing to assume the risk and responsibility associated with the activities, even if the injury is caused by negligent acts or omissions attributable to Vet Fest.

Participants should carry adequate health insurance in case of injury requiring medical treatment.

I hereby acknowledge the inherent risks involved in participating in the Valentine's Day Dash. I realize that those risks include, but are not limited to, muscle, tendon, and ligament strains and sprains, broken bones, cardiac risk from heart attack or stroke, pulmonary risk, heat stroke, dehydration, and risk of trauma as a result of falling or running into objects, or being struck by vehicles while participating in the event, together with other risks and dangers associated with running and walking activities. I voluntarily assume all risks with full knowledge and appreciation of the possible dangers and risks involved. I voluntarily assume all risk of personal injury that may occur while I am participating in the Valentine's Day Dash, whether or not under the direct supervision of its organizers or volunteers. I hereby knowingly and intentionally waive and release any and all claims or causes of action which might arise from my participation in Valentine's Day Dash activities, and I agree to hold the organizers, their successors, assigns, directors, officers, staff, volunteers, lessors and agents harmless from all liability for any injuries, even if the injuries are caused by negligent acts or omissions attributable to the Valentine's Day Dash.

I certify that I am in good health and have no known physical limitations that would affect my participation in this event. I understand that the organizers and sponsors havenot evaluated my physical condition and make no representations as to whether participating in this event may be hazardous to my health. This release shall be effective and binding upon me and upon my assigns, heirs, representatives, guardians and administrators. If I am signing as parent/guardian of the participant, I agree to waive any all claims, and I agree to hold harmless the organizer and its agents in the event of any injury to the undersigned minor.

I understand that this release is a contract. I expressly state that I have read it. I understand it. I was given opportunity to ask questions about it. I am familiar with all its provisions. I sign it of my own free will.

Signature: _____

Date _____

To be read and signed by parent or guarding of any minor participant. I hereby represent that I am the parent or guardian of the minor whose name appears above. I am familiar with the consent and agree to the terms and provisions set forth in this release on behalf of myself and said minor.

Signature of Parent/Guardian: _____

Date _____